

# **HEAD RUSH**

FOR FLUTE, BASS CLARINET, VIOLIN, AND PIANO

[FULL SCORE]

**NINA C. YOUNG**

## HEAD RUSH

for Flute, Bass Clarinet, Violin, and Piano  
(alternate version available for Flute, Violin, Violoncello, and Piano)

Written December 2007, Boston, Massachusetts  
Head Rush was premiered in December 2007 – Killian Hall, Cambridge, MA.

Approximate Duration - 7 minutes

### Programme Notes:

This work, in two sections, alludes to the extremes of a person suffering with bipolar disorder. The first half of the piece soars in the realm of elation – the hypomanic episode. Here, the victim is floating, experiencing joy, creativity, and optimism. The second half of the work sinks into the darker region of melancholy and loneliness – the depressive episode. Throughout the piece, the piano serves as the central driving force and the victim of the disorder. The other instruments, which weave around the piano, create a secondary layer analogous to the vision, be they positive or negative, of the outside world (as experienced by the affected individual).

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*With Fluidity* ♩ = 110

The musical score is divided into two systems. The first system includes parts for Flute, Bass Clarinet, Violin, and Piano. The Flute and Bass Clarinet parts are mostly rests, with some notes in the second system. The Violin part features a melodic line with dynamics *ppp* and *p*, and a *8va* marking. The Piano part has a complex rhythmic accompaniment with dynamics *mp*, *cresc.....*, and *mf*, including a *pedal ad libitum* instruction. The second system continues the Violin and Piano parts, with the Flute part starting at measure 11. The Flute part has dynamics *ppp* and *p*. The Bass Clarinet part has a *ppp* dynamic and a *8va* marking. The Violin part continues its melodic line. The Piano part continues its rhythmic accompaniment with triplets.

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17

Fl.

B. Cl.

Vln.

Pno.

*p*

*cresc.....*

3

23

Fl.

B. Cl.

Vln.

Pno.

*f*

*mf*

*mp*

*fff*

*mf*

3

5

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29

Musical score for measures 29-34. The score is in 3/4 time with a key signature of two flats (B-flat and E-flat). It features four staves: Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Starts with a triplet of eighth notes, followed by a half note, a quarter note, and a half note. A dynamic marking of *ff* is present. The staff ends with a fermata over a whole note.
- B. Cl.:** Features a triplet of eighth notes, followed by a half note, a quarter note, and a half note. A dynamic marking of *n* is present. The staff ends with a fermata over a whole note.
- Vln.:** Starts with a triplet of eighth notes, followed by a half note, a quarter note, and a half note. A dynamic marking of *f* is present. The staff ends with a fermata over a whole note.
- Pno.:** Features a continuous eighth-note accompaniment pattern. A dynamic marking of *ff* is present. The staff ends with a fermata over a whole note.

35

Musical score for measures 35-40. The score is in 3/4 time with a key signature of two flats (B-flat and E-flat). It features four staves: Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Starts with a half note, followed by a quarter note, a half note, and a whole note. A dynamic marking of *p* is present. The staff ends with a fermata over a whole note.
- B. Cl.:** Features a triplet of eighth notes, followed by a half note, a quarter note, and a half note. A dynamic marking of *pp* is present. The staff ends with a fermata over a whole note.
- Vln.:** Starts with a half note, followed by a quarter note, a half note, and a whole note. A dynamic marking of *p* is present. The staff ends with a fermata over a whole note.
- Pno.:** Features a continuous eighth-note accompaniment pattern. A dynamic marking of *mp* is present. The staff ends with a fermata over a whole note.

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41

Musical score for measures 41-46. The score is in 3/4 time and features four staves: Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.). The key signature has three flats (B-flat major or D-flat minor). The Flute part begins with a triplet of eighth notes, followed by a series of notes with dynamic markings: *mf*, *ppp*, *pp*, *mp*, *pp*, and *f*. The Bass Clarinet part has a long note with a *ppp* dynamic, followed by notes with *pp* and *mp* dynamics. The Violin part starts with a triplet of eighth notes and a *ff* dynamic. The Piano part features a complex rhythmic pattern with triplets and sixteenth notes.

47

Musical score for measures 47-52. The score continues with the same four staves. The Flute part features a series of triplets of eighth notes with a *f* dynamic. The Bass Clarinet part has a *f* dynamic. The Violin part has dynamic markings *p < mf > n* and *f*. The Piano part continues with its complex rhythmic pattern and a *f* dynamic. A double bar line with repeat dots is located at the beginning of measure 47.

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53

Musical score for measures 53-58. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Measures 53-58. Starts with a triplet of eighth notes, followed by a long note with a slur. Measure 54 has a *ff* dynamic. Measures 55-58 feature a triplet of eighth notes and a triplet of sixteenth notes.
- B. Cl.:** Measures 53-58. Starts with a quarter note, followed by a long note with a slur. Measure 54 has a *ff* dynamic. Measure 58 ends with a *p* dynamic.
- Vln.:** Measures 53-58. Starts with a quarter note, followed by a long note with a slur. Measure 54 has a *ff* dynamic. Measures 57-58 feature a triplet of eighth notes.
- Pno.:** Measures 53-58. Features a complex rhythmic pattern with triplets and sixteenth notes. Measure 54 has a *fff* dynamic. Measure 58 has a *f* dynamic.



59

Musical score for measures 59-64. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Measures 59-64. Starts with a long note with a slur. Measure 60 has a *p* dynamic. Measure 61 has a *mf* dynamic. Measures 62-64 feature a triplet of eighth notes.
- B. Cl.:** Measures 59-64. Starts with a long note with a slur. Measure 60 has a *p* dynamic. Measure 61 has a *mf* dynamic. Measure 64 has a *f* dynamic.
- Vln.:** Measures 59-64. Starts with a triplet of eighth notes, followed by a long note with a slur. Measure 60 has a *p* dynamic. Measure 61 has a *mf* dynamic. Measure 64 has a *f* dynamic.
- Pno.:** Measures 59-64. Features a complex rhythmic pattern with triplets and sixteenth notes. Measure 60 has a *mf* dynamic. Measure 61 has a *f* dynamic.

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65

Musical score for measures 65-70. The score is in 3/4 time with a key signature of two flats (B-flat and E-flat). It features five staves: Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), Piano (Pno.), and a second Piano staff. The Flute part begins with a dynamic marking of *p*. The Bass Clarinet part includes triplets and a dynamic marking of *mp*. The Violin part has a dynamic marking of *p*. The Piano part features a complex rhythmic pattern with triplets and a dynamic marking of *mp*. A double bar line is present at the end of measure 70.

71

Musical score for measures 71-84. The score continues with the same five staves. The Flute part has a dynamic marking of *n*. The Bass Clarinet part has a dynamic marking of *mf*. The Violin part has a dynamic marking of *n*. The Piano part features triplets and a dynamic marking of *n*. The score concludes with a double bar line at the end of measure 84.

(slowly decay through measure 84)

# Head Rush

80

(only if needed)

Musical score for measures 80-86. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.). The key signature is B-flat major. The tempo is marked with a quarter note equal to 70. The score includes dynamics such as *p*, *mp*, *n*, *f*, *ff*, and *ppp*. There are also markings for *Lea* and *8va*. The piano part features triplets and a *Lea* marking.

♩ = 70

97

*Solemn and thick, creating a uniform texture between the descending voices*

Musical score for measures 97-103. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.). The key signature is B-flat major. The tempo is marked with a quarter note equal to 70. The score includes dynamics such as *mp*, *mf*, and *n*. There are also markings for *Lea* and *8va*. The piano part features a *Lea* marking and a *ppp* dynamic.

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110  $\text{♩} = 100$

Fl. *pp* *mf* *mp* *ppp*

B. Cl. *pp* *mf* *p* *mf* *n* *ppp* *ppp* *pp* (breath tone)

Vln. *pp* *mf* *mp* *n* *f*

Pno. *mf* *mp* *pp* *p*

Con Sordino, Lightly touch the A-string, as though playing harmonics. Use a fast bow to accentuate the overtones and the sound of the bow against the string. Experiment with bow location (near the bridge, over the finger board) to get the most metallic sound possible.

Pedal depressed, lightly dampen the strings with one hand while playing the keys with the other. The desired effect is to achieve a percussive sound along with harmonics. Vary the harmonics as desired. A tremolo can also be used on the dotted half-notes and whole notes.

123

Fl. *mp* 3 3

B. Cl. *well articulated* *mp*

Vln. *ord. solemn* *n* *mf*

Pno.

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135

Musical score for measures 135-145. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Starts with a *pp* dynamic, then *mf*. Features a triplet of eighth notes in measure 135 and a long melodic line with slurs and ties.
- B. Cl.:** Plays a steady eighth-note accompaniment.
- Vln.:** Plays a melodic line with slurs and ties, mirroring the flute's line.
- Pno.:** Provides harmonic support with chords in the left hand and rests in the right hand.

146

Musical score for measures 146-155. The score is for Flute (Fl.), Bass Clarinet (B. Cl.), Violin (Vln.), and Piano (Pno.).

- Fl.:** Continues the melodic line with a triplet of eighth notes in measure 146. Ends with a fermata in measure 155.
- B. Cl.:** Continues the eighth-note accompaniment.
- Vln.:** Continues the melodic line with slurs and ties, ending with a fermata in measure 155.
- Pno.:** Continues the harmonic support with chords in the left hand and rests in the right hand.